

NATIONAL RUNAWAY SAFELINE Get to Know Us!



Sam Gillis, Chief Program Officer Lexi Silvers, Chief Engagement Officer March 20, 2024 12:30 p.m. – 2:00 p.m. EST

Data & information provided by the National Runaway Safeline (NRS). Any use or reference to this information should be credited to NRS.



Scope of Youth and Young Adult Homelessness

Nearly **4.2 million** young people, ages 13 to 25, will experience homelessness in the U.S. each year*

- 1 in 30 adolescent minors (13-17) endures some form of homelessness each year
- 1 in 10 young adults (18-25) endures some form of homelessness each year

*this includes running away, being kicked out, and couch surfing Missed Opportunities: Youth Homelessness in America (2017)













Scope of Youth and Young Adult Homelessness

- Young people experiencing homelessness or housing instability may experience:
 - challenges finding consistent and healthy meals
 - struggle with their physical and mental health
 - face violent situations
 - be unable to attend or graduate from school
- Negative outcomes associated with homelessness include: abuse, mental health challenges, substance abuse, etc.













National Runaway Safeline

- NRS works to ensure that youth who have run away, are experiencing homelessness or facing crisis are safe and off the streets.
- Provides resources, educational tools and training opportunities focused on prevention and early intervention for young people 10-24, their families and supportive adults, including leading National Runaway Prevention month each November.
- Operates the federally designated National Communication System for young people 12-21 who are experiencing crisis, have run away or are considering leaving home, and are experiencing homelessness.
- National Youth Advisory Board of young people with lived expertise to guide programs, services and communications strategies.
- Each year, NRS makes over 125,000 connections to offer help through hotline, online and offline resources.



Youth Advisory Board



THE NRS YOUTH ADVISORY BOARD

Do you work with young people looking for leadership opportunities?

The National Runaway Safeline (NRS) is currently recruiting youth from across the nation with lived experience to join our <u>Youth Advisory Board</u>. This exciting paid leadership opportunity allows young people to get involved with NRS and make a difference in the lives of youth who are considering running away, experiencing housing instability, or at risk of experiencing homelessness.

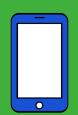


Youth Advisory Board applicants must be between the ages of 18 and 25 and have experience with running away, housing instability, being expelled from home, and/or homelessness. Board members provide valuable perspective to inform and improve NRS' work and help elevate the national discussion about the impact of runaway incidents and homelessness among young people.

Please share this email and/or $\underline{NRS'}$ Youth Advisory Board application with youth who would enjoy being involved with this meaningful opportunity.



- Provide opportunities for young people with lived experience to inform and influence NRS programs, services and communications strategies
- Ensure that NRS is working toward aligning organizational priorities and service needs with those of young people
- Provide professional development opportunities for YAB members including: training, public speaking engagements, resume building, etc.
- Provide opportunities for young people with lived experience to participate in and engage with national and local leaders, policy and decision-makers and the runaway and homeless youth provider community











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Free & Confidential 24/7 Services

1-800-RUNAWAY:

- Hotline calls
 - Translation services available in over 200 languages
 - Telecommunications Relay Service (TRS) for deaf or hearing-impaired contacts
- Live texting
- Trauma-informed, solution-focused crisis intervention
- Information and referrals
- Message Service
- Conference calls
- Home Free family reunification and transportation program

1800RUNAWAY.ORG:

- Live chat, email, and online forum
- Trauma-informed, solutionfocused crisis intervention
- Information and referrals













Free Prevention & Educational Resources

Available at 1800RUNAWAY.ORG:

- National & state level data and reports
- Educational and outreach materials
- Let's Talk Runaway Prevention Curriculum
- Let's Talk Podcast
- NRS blog
- National Runaway Prevention Month (NRPM) resources





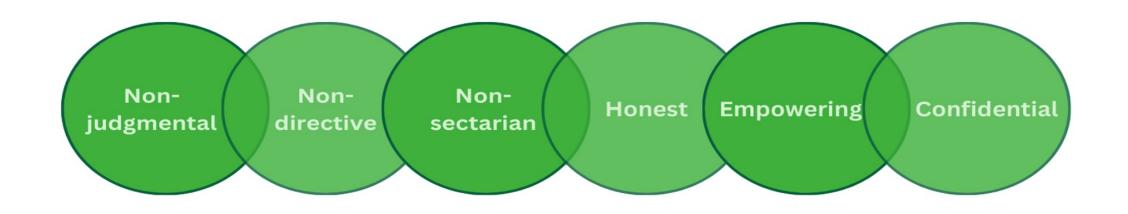








NRS Philosophy









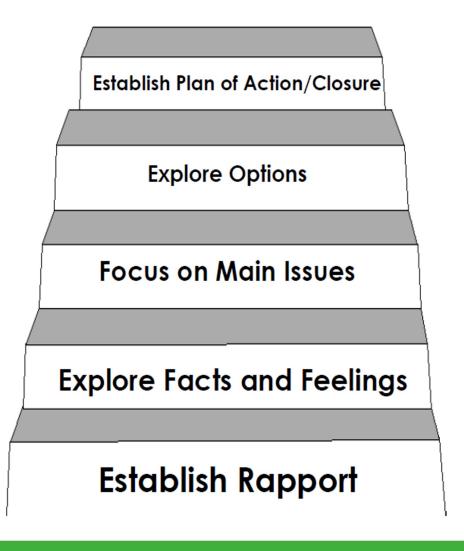


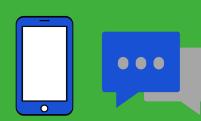




NRS Approach

- NRS uses a five step, solutions-focused
 Crisis Intervention Model to respond to crisis contacts
- Incorporates the following approaches:
 - Trauma-informed care
 - Harm reduction
 - Positive Youth Development
 - Solutions-Focused Brief Therapy













NRS Resources & Referrals

NRS maintains a national database of approximately 6,500 agencies and services, including:

- Basic Centers/Shelters
- Transitional Living Programs
- Maternity Group Homes
- Street Outreach Programs
- Food Pantries
- McKinney-Vento Liaisons
- Legal Resources

- Mental Health Resources
- Medical Assistance
- Residential Treatment
- Substance Use Treatment
- Child Protective Services
- Law Enforcement
- Other Crisis Hotlines













Message Service

- Confidential, indirect method of communication, with the goal of moving toward a conference call or other direct conversation.
- Young person and parent/legal guardians leave messages for one another.
- Young person and parent/legal guardians can call NRS to check for messages.
- NRS will proactively call out to parent/legal guardians to deliver the young person's message.











Conference Calls

- NRS representative mediates a conversation between a young person and their parent/legal guardian.
- NRS representative advocates for the young person, helps to articulate messages.
- Goal is to help the young person feel heard and move towards a solution.









Home Free Program

- Established in 1995 in partnership with Greyhound Lines, Inc.
- Reunites young people with their family or legal guardian or helps them get to a safe alternative living arrangement through a free bus ticket.
- Available for young people between the ages of 12 and 21.
- Guardian youth escort tickets available for youth 12-17.
- Child tickets available for parenting young people.
- In 2022, 234 young people and 9 guardians traveled through the program.
- Since its inception, over 18,000 young people have used the program.









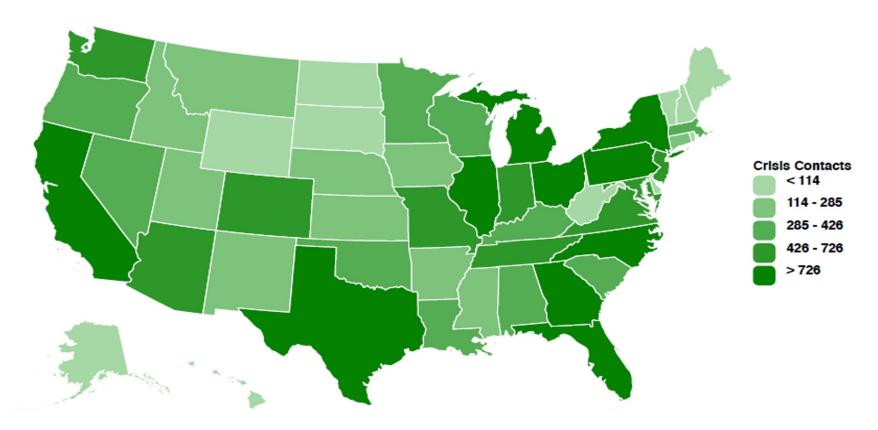






- NRS collects qualitative data specific to young people who reach out for support as well as their reasons for seeking services
- Since 2019, NRS has partnered with Chapin Hall at the University of Chicago to analyze this self-reported data and publish an annual Crisis Services & Prevention Report
- In addition to highlighting prevention trends, this report enables NRS to apply insights, outcomes, changing needs and identified gaps to evaluate NRS' services, provide recommendations to the larger RHY network and to track changes and longer-term implications for youth and families
- Ability to analyze local, state, regional & national level data
- National and state snapshots available at 1800RUNAWAY.ORG













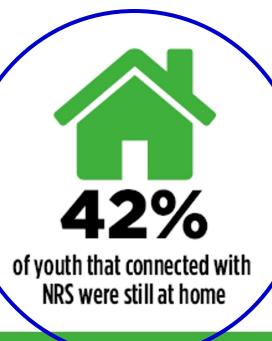


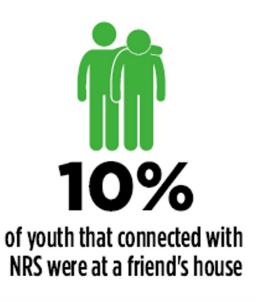


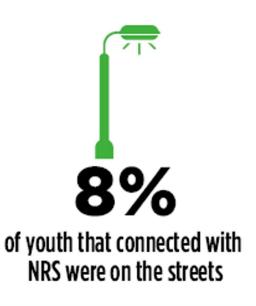


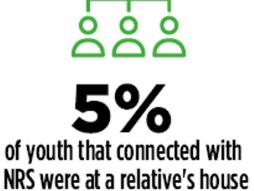


Youth Location At Time of Crisis Contact

















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Youth Status at Time of Contact

44% Youth In Crisis 13% Homeless

27% Contemplating Running <1% Suspected Missing

16% Runaway <1% Asked to Leave





















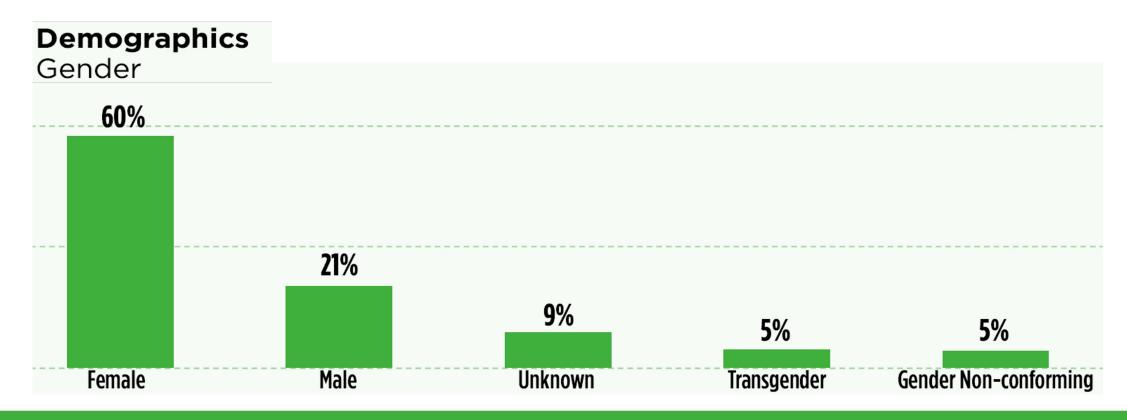




















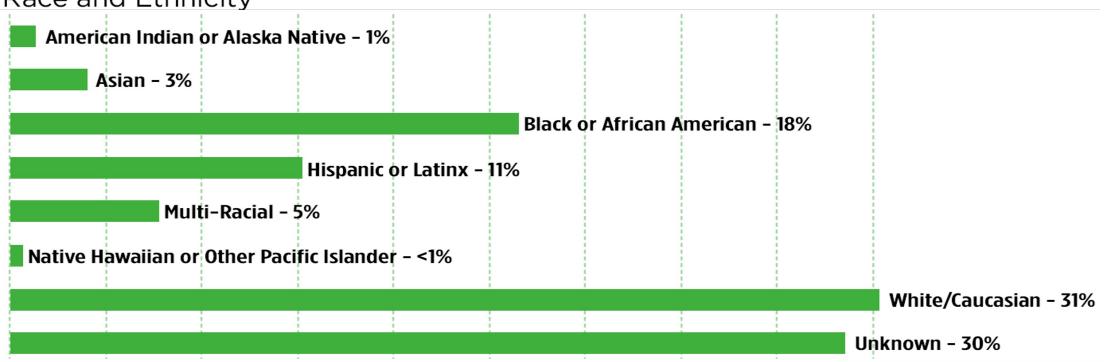


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Demographics















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Top Issues Identified











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Total Social Media Impressions = 1,102,489

- TikTok = 689,543
- Twitter = 172,611
- Facebook = 97,411
- Instagram = 97,065
- LinkedIn = 29,569
- YouTube = 15,601 (Data wasn't available until 10/1/22)

NRS Forum Visits = 170,564

- Page Views by Topic
 - Legal Issues = 88,057
 - Family Issues = 55,510
 - Relationships = 4,487
 - Parenting = 3,170













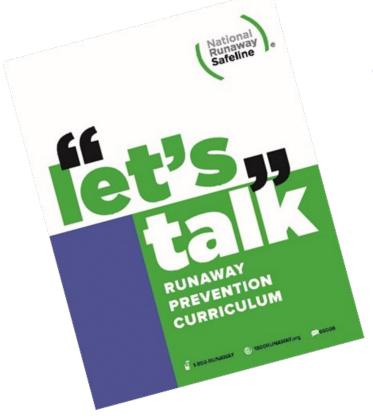






Let's Talk Runaway Prevention Curriculum

A 16-module life skills curriculum, available for download at 1800RUNAWAY.ORG.



Goals:

- Build life skills
- Educate young people about alternatives to running away
- Encourage young people to seek help from trusted adults
- Increase knowledge about prevention and resources

Audience:

- Youth ages 12-20
- Available in English and Spanish
- For use in schools, after school programs, RHY programs, youth groups, etc.







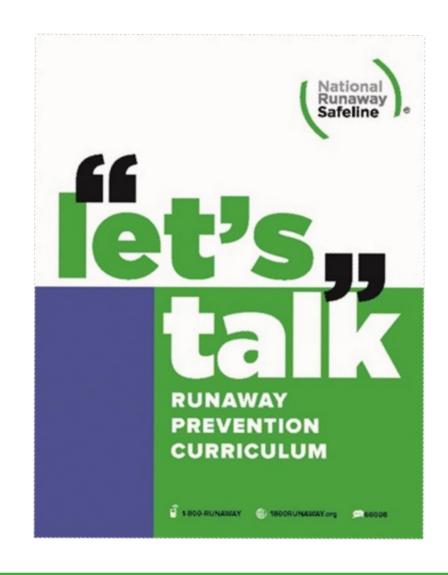






Benefits & Accessibility

- Free
- Evidenced-Based
- Download & Go
- Can be used by activity, module or in its entirety
- User-friendly and adaptable
- Consistent module layout
- Includes a Facilitator Guide
- Built-in Worksheets
- Pre- & Post-Tests















Introduction

14 Modules

Original Module Topics



Communication and Listening



Adolescent Development



Personal Influences



Peers and Healthy Relationships



Families: Roles and Responsibilities



Runaway Reality



National Safe Connections



Community Response and Responsibility



Anger Management



Stress Reduction



Drugs and Alcohol



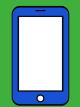
Sexuality and Sexual Orientation



Internet Safety and Fun



Future Life Planning











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New Module Topics



Internet Safety and Fun > Social Media and Internet Safety





Mental Health



Human Trafficking and Exploitation













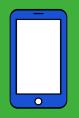
Educational & Outreach Materials

Download our free materials below or complete the order form at the bottom of this page, and we will send the requested materials to you by mail. Please allow 4-5 weeks for delivery.





MATERIALS	ORDER FORM
NAME •	
FIRST	LAST
EMAIL •	
ENTER EMAIL	CONFIRM EMAIL
ORGANIZATION NAME	
ORGANIZATION LOCATION	
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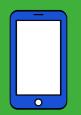


Educational & Outreach Materials











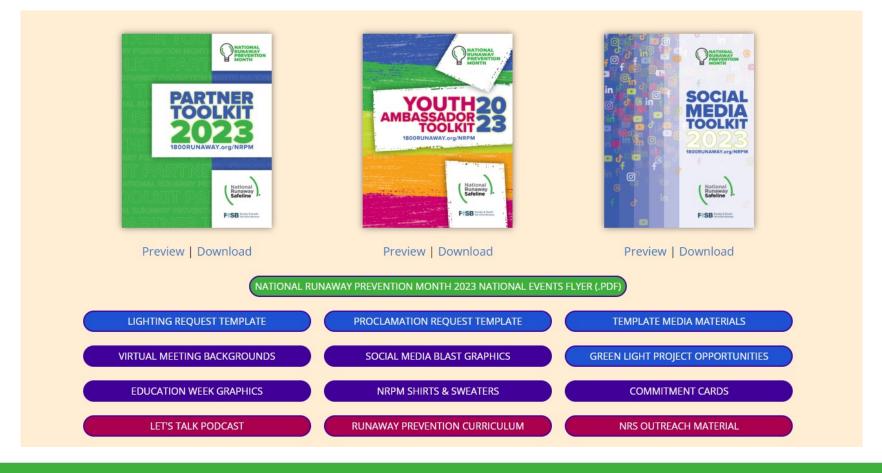


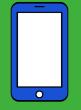






National Runaway Prevention Month Resources













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Youth Ambassador Program

- A way for young people to help to make a difference in the lives of young people who have run away, are experiencing homelessness or are facing crisis.
- Designed for all young people can be an opportunity for schools, clubs, service organizations and clubs and others to get involved.
- Engages young people to plan fun events, spread the word on social media, volunteer with nonprofits in their area and/or to share creative ways to educate others about the youth homelessness crisis.
- Youth Ambassadors are invited to participate in national trainings and events (virtually) and will receive weekly communications and resources for supporting their efforts.













Let's Talk Podcast



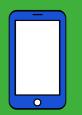
The Let's Talk podcast series was launched in November 2021 as part of National Runaway Prevention Month. Let's Talk is aimed at elevating the voices of young people as they share their stories and highlight the complexities and intersections that are witnessed by the 4.2 million young people experiencing homelessness across the United States each year.

www.1800runaway.org/lets-talkpodcast (transcripts available)

















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Thank you for listening.

For additional questions, please email:

Sam Gillis, Chief Program Officer sgillis@1800runaway.org

Lexi Silvers, Chief Engagement Officer lsilvers@1800runaway.org











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